



Presbeat



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Editor: Denise Beckler, Volume 14, Number 5 ~ May 2020

The Lord is With Us



For the past few weeks as we've been sheltering in place, we've been dealing with the pain of isolation, fear, loneliness, and worry. In the midst of all of this, we've also seen and experienced the presence of Jesus with us.

We've been able to include the congregation in worship through live-streaming the services. This really is a miracle. As I've said before, I went to seminary. I didn't go to film school. But the Lord has been with us through the help that has been given us from many different people, we've been able to delve into the mysteries of electrons, sound waves, and light waves.

Recently the Session has decided to continue live-streaming the worship service after the shelter in place is lifted and we're back together in the sanctuary. This will enable folks to worship from home when they can't join us in the sanctuary or when they want to stay in their pajamas until noon. *(You know who you are.)*

In order to do this, we will need different equipment costing several thousand dollars. As we were praying about this, a family in the congregation came forward to provide for the cost of the equipment. We've also seen how Jesus is with us in the midst of our isolation as another anonymous family provided the entire congregation, including our shut-ins, with a drive-up lunch. The Lord really is with us.

And we've seen the Lord with us through the Zoom Bible studies and meetings. I have heard you say over and over again after a live stream service or when you were picking up your lunches or when Zoom Bible study just finished, "Were not our hearts burning within us?"

Just like Cleopas and his traveling companion experienced the presence of Jesus on their journey together to the town of Emmaus on the first Easter Sunday, we are experiencing the presence of Jesus even during times of pain and suffering on our journey with the Lord

When a loved one goes to be with the Lord; or when we're dealing with a painful and life-threatening illness; or when we face the loss of a job and financial security; or when our life dreams are not working out; we still see and experience the presence of Jesus. And just like these first witnesses of Jesus's resurrection, we can also tell others about how Jesus was recognized by us.

One day our journey here on earth will be over but our journey with the Lord will *continue*. Jesus is alive and He is always with us.

In Christ, *Pastor David*



Happy Spring FPCU Families!

I hope you all are doing well and are managing these strange times!

Here at FPCU we have had to do quite a bit of adjusting, but in doing so, we have seen God work in some really amazing ways!

In April, we held our Covid-19 **Easter Egg Hunt!** Instead of our usual community-wide Hunt that we host every year, we created some beautiful kits to give to families in our community in order for them to hold Easter Egg Hunts at home. Our amazing volunteers spent hours filling eggs, organizing the kits, and handing them out to families as they drove up to receive their Easter supplies! Each family also received a book about the Easter story and information about our ministries. Unlike our usual Easter Egg Hunt, this allowed us to minister to our community in a more direct way and meet each of the families who came for their kit!

We have continued to hold our usual weekly programs online. **Youth Group** has been meeting every Wednesday from 3 to 5pm via Zoom, an app for video calling. In addition to our regular attendees, a few former FPCU youth who have moved out of state have been able to participate with us as well! What a silver lining!

Each Sunday, we are continuing to hold **Donuts and Devotionals** at 11:30 on Zoom for our teens who are able to wake up before noon! We are also putting out a weekly **Sunday School** video for our kids on our Youtube Channel. A link to this can be found via the First Presbyterian Church of Ukiah website.

As for our regularly scheduled upcoming programs, such as the **30 Hour Famine**, or our much-loved **Vacation Bible School**, we are in a little bit of limbo as to what our upcoming plans will be for these ministries. As we see how the next few months turn out, we are hopeful that we will still get to put on these activities in some way or another, but for now we all have to be patient as we figure out what the road ahead looks like.

Make sure to stay up to date by finding us on **Facebook** "[FPCU Youth and Family Ministries](#)" and on Instagram at @fpcuyouth. Please continue praying for our ministries and that we are able to maintain our tight bond even during this rocky time!

For more information about Children and Family Programs, contact Alexis at 707-391-9460 or alexis@fpcukiah.org.



Many of you have been sending emails, notes of encouragement with your mailed-in offering, phone calls... just to say “Hi!” and “How are you doing?” Thank you all for your prayers and constant encouragement. I’m so thankful to be able to come to work every day and ‘be with’ you all.

And for the additional cards and words of thanks I received last week for Administrative Professionals Week. You truly are a blessing to me ... and to all the staff! Bless all of you and thank you for being part of my life!

Serving Christ with you, Denise

Greetings church family. This is your Deacons checking in with everyone and hoping everyone is doing fine during these trying times. We wanted to inform you that the deacons have received a wonderful donation towards people in need, so we have set up a fund to help people that may find themselves in need of some extra financial help. Possible help with some groceries or a utility bill etc. We have helped one family so far. If you need some help or know someone let one of the deacons know or contact the church office. We have set up a small committee to oversee this fund, deacons for this are David Head, Meredith Lintott and Debbie Holland. We are excited to be able to help where we can, if you would like to help keep this funded, we would appreciate donations to this fund. Just note that you wish the donation to go towards the deacon fund and we will grow this fund. We hope to be able to spread God's love to those in need.

In Christ's love your Deacons.

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Good Friday, April 10, 2020: Dear Church Family,

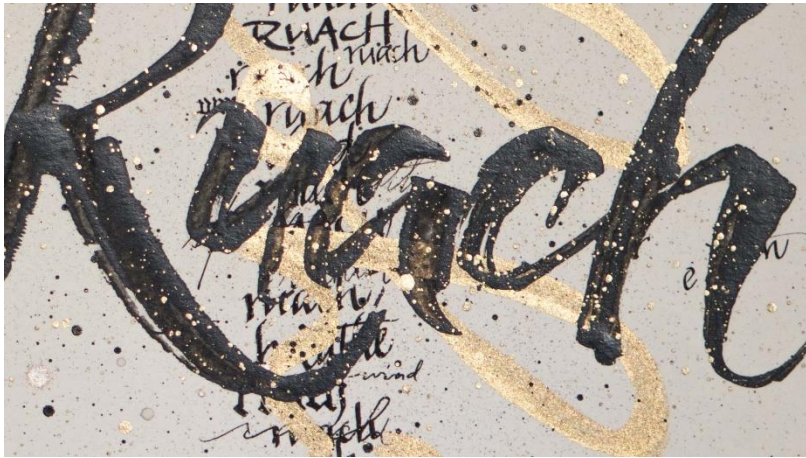
/ / Thank you so much for all of your support over the many years we looked after my mother – first in her home
/ / in Danville, then at assisted living in Cloverdale. Cary is in the Lord’s eternal care and is reunited with her
/ / husband. She was a widow for over 45 years.

/ / In his service, Marie & Don Pera
/ /

CELEBRATING PENTECOST

~ Worship Elder, Dory Haselswerdt

We cannot see the wind. Instead, we see how the wind affects our world. We see the wind pick up, carry, and replant seeds. We see the wind guiding the trees in dance - sometimes gracefully subtle, other times fiercely insistent.



We feel the wind chill our skin, eliciting goosebumps and a desire to huddle close for the comforting warmth of others. We feel the wind paint our skin with cool relief in exhausting heat. We watch the wind ruffle the surfaces of water, stirring up delicious meals for aquatic life and molding ocean waves to hypnotize us into introspection. During fire season, we fear the wind and its unpredictable, erratic power to drive flames in all directions and speeds, and we have moments of glee when the wind has cleared our skies of the depressingly dreary smoke we became accustomed to seeing.

There's no doubt about it - this mystical, invisible force influences our world and is felt within us. An even more powerful, mystical force is sent to us from God, intended to inspire us to act as Christians, infusing us with truths about His love. This month, our liturgical calendar highlights the period after resurrection, when Jesus taught witnesses to disciple, then ascended to Heaven, and the Holy Spirit descended upon them.

RUACH (Hebrew), the wind, the breath and Spirit of God, guides us, prays on our behalf, frees and moves us to act out God's love. The Holy Spirit is the unseen wind, made visible and tangible by the ways we are affected, and the ways we affect others. When celebrating Pentecost this year, consider the ways wind affects us, and how you can similarly affect others or yourself. You may fear the unpredictable ways of the Holy Spirit, whisking you from familiar surroundings, to see God's will be done. One way you can worship God is to put on your cozy blanket of faith, embrace and receive the Holy Spirit, God's guidance, and allow yourself to be picked up, carried, and replanted into a new life with Him.

How does this gadget work??



Technology and health restrictions have been constantly changing over the last couple of months. We have been successfully transmitting worship services from our beautiful sanctuary, LIVE, so that people can text David with their prayer requests, and so we can continue to be together as a congregation.

You aren't alone, you have a community, and we are still here to help you and pray for you!



Luckily, we have had very dedicated members on our worship team, working behind the scenes to make worship services flow so smoothly. Some of those people who we should thank for providing floral arrangements, live music, lyrics and projection, sound board operation, camera operation, lighting, media publication and worship each week are Denise, David, Kitty, Janet, Perrine, Dan, Roe, Perry, Alexis, Lenord, Gregory, and Jerry! Additional thanks to RespecTech

for ongoing assistance and guidance in helping us make worship available during this unprecedented time. Since these are behind-the-scenes activities, I'm probably leaving someone unnamed, so if that someone is you - Thank You!!

- ★ Please continue to join us every week on our "First Presbyterian Ukiah" YouTube channel or click this link :[Worship Services](#)
- ★ You can also listen to audio versions of the sermons, get updates on our current events, virtual Bible studies, and more at <http://fpcukiah.org>
- ★ Donate or tithe from the safety of your home, via our secure server at <http://fpcukiah.org/giving/>
- ★ Share the Good News! Worshipping online means you can share our services with friends and family all over the world!!

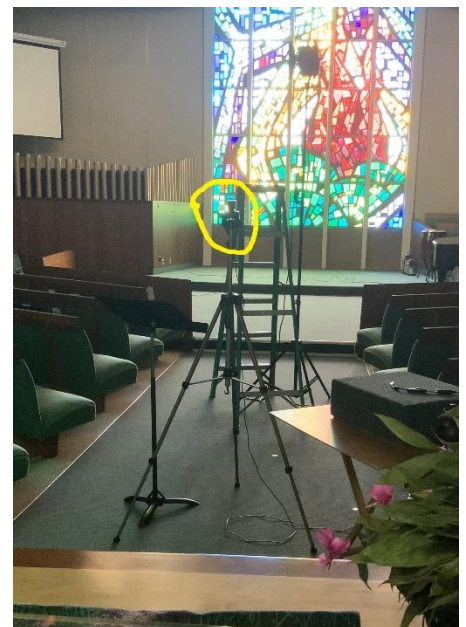
BEHIND THE SCENES... Music/Worship Director, Denise Beckler

Have you been wondering what our sanctuary is like on Sunday mornings when we live-stream? Here's what we see when we are worshipping with you:



This is my view from the piano. It's been fun making the 'worship space' look beautiful with the window, draped cross, flowers, communion table... To you it looks like "church", doesn't it?

What you don't see are the additional lights, camera, and cables strung along the floor.



And when Pastor David preaches, here's how he "sees" you! →
The camera is in the yellow circle.

Live-streaming has certainly been a challenge. As David said, "I went to seminary, not film school..." We've all learned, and continue to learn a lot in this process... more than we ever wanted to know about streaming technology. We appreciate your patience as we work through the challenges. We are moving forward with plans to improve the sound and visual quality, as we do want to continue live-streaming, even when we are able to worship together in the sanctuary again. And we SO look forward to being together in the sanctuary again!

KEEPING OUR WORSHIP CONNECTION ~ Worship Committee member, Roe Sandelin

At a recent trip to COSTCO I saw Terri Grass. She is a long-time member of our congregation and a teacher at Calpella Elementary School. She was shopping, just like me. I asked how she was doing during this time social distancing, and was she able to take part in the live streaming of Sunday Worship. Terri lives in Potter Valley and the internet connectivity where she lives is poor. She explained to me that every Sunday she travels to her school classroom, where the internet signal is much stronger, just so she can participate in worship. Afterward, she goes to see her grandfather in town for lunch and a visit.

She shared with me that worshipping at the classroom location gives her a quiet place to focus on God and to enjoy worship in an “unfiltered” kind of way. As Terri said it, “I can sing as loud as I want and move like a ‘holy roller’ and no one will notice!” We shared a huge laugh together. Don’t ever put Terri in the “frozen chosen” category.

At home, during Sunday worship, I enjoy letting loose with the vocals because no one will notice, not even Kitty. She’s at church running the sound board for our streaming service production. Sometimes, I almost scare myself.

I am comforted knowing God appreciates all of our efforts at worship, praise and song. Make a joyful noise!

HOW IS YOUR CONNECTION?

If you are having trouble getting our live stream worship in your home please let us know. The solution may be easier than you think. We have some good technology types in our congregation who may be able to help.



*Missions Elder
Randy Huffman*

Just like everyone else our mission committee has had to resort to Video calls for our meetings, but this has not dampened our spirits. We are around 40+ days of having to adapt to all the changes. As we look to the future listening to all the information bombarding us daily, it’s hard not to feel hopeless and sad. Especially when we are home and have no place to go.

We want to offer a few other thoughts, God was not surprised by the turn of events that has rocked our world, more to the point he knew it would happen (Romans 8:28) he has provisions for us all. This is hard to see at the moment, but you are right where you need to be. God had a plan and someday we will look back and see this with another set of glasses. Our thoughts, attitudes and actions power our lives. In the meantime; you can stay positive by acting on the following.

First take more time to pray, as this is all out of our control, but it is in Gods. Ask him to specifically give you Peace. HE will give you peace and you can rest and claim his promise.

*John 14:27: Peace I leave with you; my **peace I give you**. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.*

Secondly use the time to reach out to others you know, think of someone you haven't spoken with in sometime this could be a friend or even a relative, and it might be the perfect time to rekindle an older relationship too. Remember it is far better to give than to receive, and in this case if we all do it sooner than later, we will have received the same in return.

You could also take this time to learn a new skill, for most using Zoom, Webex or a number of other solutions has become common place. If you're having problems reach out to our committee, there is someone who can and is willing to help. This will in turn help you to be able to reach out beyond your normal spheres, and this is something we do want to spread.

This is a great time to adapt what you do and how you think about Missions, and what is it that God is calling you for. Recently stumbling upon an interview. We encourage you to once again hear words from our former Associate Pastor, Kelsey Ingalls as she is on the Barbara Marshall show. Just follow this link <https://www.youtube.com/watch?v=cF8lzf5b-Ro>

What is missional living?... something we are all called to do, putting others before ourselves, being Gods hands & feet with sometimes a voice. Covid19 has indeed had an effect on each one of us, and just like every crisis that we are faced with, the result though unexpected can be our greatest growth. Often a natural flow between God's amazing grace and our actions and attitude. Remember to Center "yourself" looking for good, and seeing what is most important, then remembering:

Matthew 22:37-39: Thou shall love thy God with all thy heart, and with all your soul, and with all thy mind. And the second is like unto it, Thou shall love thy neighbor as thyself.



Cents-Ability Reminder

Please don't forget we are having communion every 1st Sunday of the month and while a different way until we can be together again, you can send your Cents-Ability offering to the Church office. Remember all your money is used to help feed the hungry in our area. Thank you for helping with your prayers and donations.

Coming soon: Look for updates in future editions of Presbeat:



Ride Dates: 5-day ride Sept 21-25, Occidental
1-day ride Sept. 26, Santa Rosa
Website; www.PedalforProtein.com

In January we donated \$2500 to the Ukiah Food Bank from funds generated by Cents-ability and P4P.

Reaching out beyond our borders update

Uganda: Thanks for all your support

Last month we all heard about the gifts our church family and missions gave to Pastor John, then again recently a generous family gave another \$200. We are so blessed to have a loving church that comes to the rescue when needed. This money will allow the additional care needed for the children and families that were sick. Pastor John sends his deepest gratitude. Our missions committee will keep everyone at the church informed through our Pastor David and our own mission team of Kevin and Shelly, since using Zoom they have been endearingly named "The Smacks".

Zambia: Brad and Kelli Russ & Tatum too



A little update for everyone! We are in Zambia and have been here now since March 17th. The first two weeks we were on a government required 14-day quarantine. Although, we were able to complete the quarantine at Overland Missions International Headquarters in Zambia. This has been such a blessing. This base is about a 3 days drive from where we

live. Since then we have been focusing on gathering materials and building a 60 ft tower that we can attach a cell phone booster to in order to get service where we live. THIS IS A GAME CHANGER!!! Although Brad is not a certified welder, he knows enough to get the job done!

This will bolt together in 5 sections so we can transport it to the village we live in. Once we are cleared to travel (hopefully end of the month) We can transport this and other materials with us to begin work and ministry in Mwinilunga. Paul is doing great! He is one of our dearest friends in Zambia. His role within our mission is focusing on training and discipling church leaders and community activists. Basically, anyone with a desire or willingness to travel to villages, preach the gospel and raise up other disciples. Paul is the lead person over that function. Praise God for progress even in the craziest of times!!

Dear FPCU Family,

I hope you are doing well. I'd like to share with you all a bit of what happened during my cross-cultural outreach with Youth With A Mission (YWAM) last January and February. I saw God move in such unbelievable ways, and I hope those testimonies might encourage you during this difficult time, as well as let you



YOUTH WITH A MISSION

know how much impact your support has had in my life and others'. So much happened on our trip, I couldn't possibly contain it all here, but these are some highlights.

The program I did was called a Discipleship Training School, where, after a 3-month "lecture phase" of classroom learning, our team of 15 went to work alongside long-term missionaries in Africa and Central Asia. In the town of Chinhoyi, Zimbabwe, we were able to run a free weekend church camp, which was attended by about 70 youth. Afterwards, many of the youth spoke about how transformational the message had been, even those who already attended church. They said the idea of God uniquely making them "in His image" and Jesus restoring them back to that had helped them break free of shyness, anxiety, shame, and other issues that are very prevalent among youth in a place like Zimbabwe. Even a month afterward we received a call from a parent who said his daughters were completely changed by their experience. I can easily say I was changed as well!

For the rest of our time, we taught Scripture and identity in Christ in to hundreds of schoolchildren throughout Chinhoyi, and we were always given a warm welcome. We also got to build relationships with our host's church and youth group. For example, on our last night in Zimbabwe we washed the feet of the whole youth group in accordance with John 13. One young man broke into tears and told us he felt the love of God in a way he never had before. It was beautiful to see.

Our next destination was Azerbaijan, a small ex-Soviet Muslim country situated between Russia and Iran. While there our team taught English in a language-learning center, ministered to refugees, and helped out at the country's only Christian school. The most amazing part, though, was our home visits. We stayed at the house of a young widow in a remote village, and pretty early in our conversation she told us she wanted to accept Jesus! She said she was technically Muslim (as are 99% of Azerbaijanis) but she wanted to know Jesus much more. We were overjoyed to hear this, so we gave her a Bible and encouraged her. She is influential in her village, so we believe she can bring others to Christ as well.

Another time, while in the capital city, we struck up a conversation with a man in a wheelchair. He quickly said that he was a Christian (!!!), and that he believed Jesus had arranged our meeting. We asked to pray for his legs, and he said yes, he wanted to walk again. Afterwards we arranged to go to a Russian church with him the next Sunday. When we met up with him there, we were disappointed to see steps leading up to the church: he'd have to be carried up. However, to our surprise, he shook his head, *stood up from his wheelchair*, and slowly went up the steps! He told us that the night we'd prayed for him, he felt strength miraculously return to his legs after 8 months of having no feeling in them. He then testified before the whole church about what had happened. It was the most visible move of God's healing power I've ever seen.

Hopefully these testimonies are encouraging to all of you right now. I really believe similar miracles are just as available to us here in America--all we have to do is believe for them. Thank you all so, so much for your support and prayers through this trip, and through my whole faith journey! None of it would have been possible without you. God bless you all!

In Christ, *Indigo Funk*



Djibouti is “Sheltered in Place”

The “SIP” order has closed down Caritas, the organization who helps take care of the street orphans and who we support with vitamins, beans and peanut butter. Unfortunately, the only place the orphans have to shelter is on the streets where they are subject to COVID-19, abuse (both sexual and physical) and hunger. When the “shelter in place” order is lifted, they are going to need our help more than ever. If we

ship our donations now, the Base Chaplain will be able to hold and then deliver them as soon as the order has been lifted and Caritas can open its doors once again to the orphans.

Costco sells Smarty Pants vitamins 180 gummies for \$14.99 (currently \$4 off), & Skippy Peanut Butter 2 48 oz jars for \$10.44. Foodmaxx has 20 lbs of beans for \$14. If you are not able to get out, just send a check (with “Caritas” on the memo line) to the church for whatever amount you choose and we will make the purchase.

“ZOOMING” WITH BIBLE STUDIES

- Missing Bible Study? Come join the **Women’s** group on **Thursday mornings at 8:30** on Zoom. We are currently studying Acts using the Serendipity Bible (NIV), but you can use any bible. Contact Wilma Pribyl (wmpribyl@jps.net) or 462-4134 and she will help you get on Zoom.
- Join us each **Wednesday, 1:30** pm, on ZOOM for **PW Bible Study**. It's private, by invitation only with our own password. We're using the Serendipity Bible, but use your own - the Bible verses are the same. Please let me know if you'd like to join us and I'll send you the invitation and password. God Bless You. I look forward to enjoy sharing God's Word with you.
- The **Men’s** group meets **Tuesdays @ 7:00 AM** for approximately 1 hour

All men are invited to join the Men’s Online Zoom Bible Study on Tuesdays at 7:00 am. A deep level of understanding scripture is not required. We utilize a free online study guide. We are currently studying the “People Jesus Knew and Taught.” All men are welcome to join us online! *This is a drop-in Bible Study, join us online when you are able.*

Click the link below to join the virtual meeting room. You can join from your computer, tablet, or cell phone. You can also dial in by phone if you prefer.

<https://us02web.zoom.us/j/198024013?pwd=ZForU1FMcW5IREtRVitUNjkrVXhYUT09>

Password is required, so email Pastor David Rodriguez davidbrodriguez@yahoo.com or Roe Sandelin roe@pacific.net for password .



FINANCE ~ Mark Smith, Elder

I am sure that most, if not all of us are truly astonished at how differently our lives have become due to the COVID-19 pandemic. Whatever social activities we were all accustomed to, our routines have changed. Since we are not allowed to attend church services and other congregational get togethers in person, our giving has decreased. I wanted to share with you some information regarding the financial impacts that we have experienced.

I took a look at last year's financial information so I could compare our income data for the first quarter of 2019 vs. 2020. In 2019, we received a total income of \$69,332. This year, we received \$59,448. There is similar news when I reviewed expenses vs. income for the first quarter. Our expenses exceeded income by \$9,344 for first quarter this year.

There is also some good news to share. We have had some generous contributions from two families within the congregation. On Sunday April, 19 a delicious tri-tip meal was provided for any of our church members who wished to partake. Another family has offered to purchase new video equipment for the Sunday services to improve the quality of those important live stream presentations that we watch at home. The Communication and Worship Committees will be assessing this offer soon.

We continue to be blessed to have the wonderful congregation that we are so fortunate to be a part of. Please continue to take good care and stay well.

Finance Snapshot:

March Income / Expenses:

We have total contributions through March of \$59,448 and expenses of \$68,792. Our expenses were projected to be higher than income because we had 3 payrolls in January. Our current checking account balance is \$93,580. We have an additional \$136,572 in savings and an additional \$42,095 in Designated Funds. Even though we are not able to gather together physically and collect our offerings, you may still submit your offering and/or pledge commitments to the church office via check or by going to our website <http://fpcukiah.org/giving/>.

As of March 31st, 2020		Total \$\$
Income	\$	59,448
Expenses	\$	68,792
Difference	\$	(9,344)
Balance in Checking Account		Total \$\$
Non-Designated Funds	\$	93,580
Designated Funds (detail below)	\$	42,254
Total Balance in Checking	\$	135,834
Balance in Savings		Total \$\$
CD's	\$	44,509
Mutual Funds	\$	28,914
Other Savings	\$	63,150
Total Balance in Savings	\$	136,572
Detail of Designated Funds in Checking Account		
Missions	\$	665
Mission Trip	\$	-
Missions Fundraiser	\$	6,191
Centsability	\$	5
One Great Hour of Sharing	\$	-
Shoes 4 You	\$	-
Pedals 4 Protein	\$	-
Pass-Through	\$	-
Per Capita	\$	(349)
Deacons	\$	968
Flowers	\$	-
Ramos Trust	\$	(100)
General Memorial	\$	29,983
Buildings & Grounds	\$	-
Compassionate Ministries	\$	2,524
Pastor Appreciation	\$	-
Adult Ministries	\$	3
Singalong	\$	-
Fellowship Meals	\$	2
Youth Activities	\$	(86)
Children's Activities	\$	-
Children's Playground	\$	2,389
Camperships	\$	60
Total	\$	42,254

Thank you to your faithful giving to our church through not only monetary contributions, but also all that you do to support the mission of our church.



Does this table look familiar?

This is the table in the Café. Isn't it beautiful?

This table is of wood-pinned construction and is probably one of the original pieces of furniture in our church – over 100 years old.

The table top is *plane-sliced* oak which makes for an interesting grain pattern. Nowadays, this type of 'cut' would have to be special ordered and very expensive.

Thank you, Randy and Zach Beckler, for refinishing this beautiful treasure that has been right under our noses and we didn't recognize it!

Also, the walls are being stripped and repainted by Randy and Zach. We will have a 'fresh look' to the Café when we return to church!

RECYCLING REVELATIONS

Roe Sandelin, Youth and Families Session Member

This place we call home, Earth, was created by God. As Christians (and as humans) we have a responsibility to be good stewards of God's creation.

Recycling of waste materials is an important part of this responsibility. I think it is a duty each of us needs to take seriously. With each new edition of PRESBEAT, I hope to share a few facts about recycling to serve as a guide.

1. Recycling guidelines vary from place to place. Each state, each county, each city will have different guidance. The information provided herein comes from the staff at Mendocino County Solid Waste Management Authority (MSWA), and is applicable to Mendocino County.
2. Recycling Guidelines will change from time to time. Laws get enacted, the marketplace for recycled materials changes and new concepts emerge.
3. For the typical household, the majority of recycled material is moved through waste stream using the blue lidded cart that can go to the curbside once a week. The information shared herein will be focused on the "**blue cart**". Any exceptions will be noted.
4. Avoid "wishful recycling". If you really are not sure if something is recyclable, put it in the trash. You/we will be further ahead if you do.
5. Remember the old adage "Cleanliness is next to Godliness"? Whatever you recycle must be clean. Thoroughly rinse out any residual contents from that recyclable container. If you are unwilling to

take this step, put the container in the trash, 'cause that is exactly what will happen when the sorting takes place at the recycling center.

- Remember, it is better to RE-USE and recycle afterward.

With more information, education, clarification, dedication and innovation you will receive revelation about recycling. That's a lot of "tions" coming your way!

DO NOT PUT THESE ITEMS IN THE BLUE CART:

STYROFOAM: cups, plates, takeout tubs, packing materials, peanuts.

PLASTIC: food wrap, shrink wrap, bubble wrap, bubble envelopes, bags, food packaging, sheet material, packaging.

More to come next time. Send questions to me at roe@pacific.net. We will post the questions and answers in the next Presbeat.

DO YOU KNOW A FAMILY WITH SCHOOL CHILDREN WHO HAVE NO INTERNET AT HOME?


Comcast & AT&T are offering 60 days of free internet for low income families:




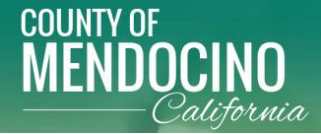
www.internetessentials.com

1-855-846-8376

1-855-765-6995 for Spanish

Helpful Resources:

	Mendocino County COVID-19 Information/Resource page
	Senior Resource Directory for Lake and Mendocino Counties: (707) 468.5132. Provides information such as Preparing for Health Emergencies, Active Living, Caregiving, End-of-Life Resources, Grandparenting, much more http://www.seniorresourcedirectory.org/Directory/Index.htm
	Food and Nutrition Resources: (707) 468.5132. Provides information on Food Stamps, Congregate/Social Dining Sites (including Plowshares and other locations), Food Banks, Grocery Delivery, and Home-Delivered Meals. http://www.seniorresourcedirectory.org/Directory/Food.html

	Alzheimer's Association: (800) 272.3900 https://www.alz.org/norcal
	Medicare Help Line: (800) 917-6367 They can help find home care, meal delivery, all sorts of things covered by Medicare
	Senior Guidance on Assisted Living: (888) 595.9101 Includes a directory on all our local Assisted Living and Residential Care Homes. https://www.seniorguidance.org/assisted-living/california/ukiah.html
	Adult Services (Mendocino County): Provides information on Adult Protective Services (APS), General Assistance, In-Home Support Services, Veteran's Services, Care for the Homeless, and more. APS 24-hour emergency line: (877) 327.1799

Did we miss your birthday???

Please contact the church office or email Denise, denise@fpcukiah.org so that we can celebrate with you!



Happy Birthday!

5/2 Riley Haselswerdt
 Alexis Moore
 5/3 Glenn Logan
 510 Teresa Erickson

5/17 Winnie Edgar
 Jack Nichols
 Roe Sandelin

5/23 Linda Simmons
 5/25 Francine Selim
 5/28 Ann Denham
 5/31 Bob Huff

MAY CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 10am Worship online http://fpcukiah.org/event/2020-03-29-sunday-worship-service-streaming-online/	4 Office hours 9am to 1pm	5 7am Men's Bible Study (via Zoom) Office hours 9am to 1pm	6 Office hours 9am to 1pm 1:30pm PW Bible Study (via Zoom) 2:00 Worship Team 3pm Youth Group	7 Office hours 9am to 1pm 8:30am Women's Bible Study	8	9
10 Mother's Day 10am Worship online http://fpcukiah.org/event/2020-03-29-sunday-worship-service-streaming-online/	11 Office hours 9am to 1pm	12 7am Men's Bible Study (via Zoom) Office hours 9am to 1pm	13 Office hours 9am to 1pm 1:30pm PW Bible Study (via Zoom) 2:00 Worship Team 3pm Youth Group	14 Office hours 9am to 1pm 8:30am Women's Bible Study	15	16
17 10am Worship online http://fpcukiah.org/event/2020-03-29-sunday-worship-service-streaming-online/	18 Office hours 9am to 1pm	19 7am Men's Bible Study (via Zoom) Office hours 9am to 1pm	20 Office hours 9am to 1pm 2:00 Worship Team 3pm Youth Group	21 Office hours 9am to 1pm 8:30am Women's Bible Study 6:00 Session (Zoom)	22	23
24 10am Worship online http://fpcukiah.org/event/2020-03-29-sunday-worship-service-streaming-online/	25 Memorial Day – Office is Closed	26 7am Men's Bible Study (via Zoom) Office hours 9am to 1pm	27 Office hours 9am to 1pm 1:30pm PW Bible Study (via Zoom) 2:00 Worship Team 3pm Youth Group	28 Office hours 9am to 1pm 8:30am Women's Bible Study 5:30 Deacons (Zoom)		

Our Calendar is also available online @ <http://fpcukiah.org/calendar/calendar/>